

Rtn. Stephanie A. Urchick
RI President

Rtn. CA Dev Anand
District Governor

Rtn. Jagannath Kote
Assistant Governor

Rtn. Nagaraj Shetty
Zonal Lieutenant

Rtn. Subhash Bangera
Club President

Rtn. Farida Uppin
Club Secretary

Rtn. Rathnakar Udyavar
Club Treasurer

Rtn. Vanishree Rao
Rtn. Shashikala Rajavarma
Concord Editors

Avenue Directors

Rtn. Dr Jayagowri H
Club Service
Rtn. Prashanth Hegde
Vocational Service
Rtn. Rajavarma Ariga
Community Service
Rtn. Amit Aravind
International Service
Rtn. Dr Pradeep S
Youth Service

District Projects

Clean Environment for Good Health
Awareness to Road Safety
Education with Legal Awareness
Go Green and Save Water

THE 4-WAY TEST

Of the things we think, say or do
- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

Club Service



21.05.2025: Inter Zone Joint Club Meeting

Theme: Joint Meeting between Rotary Club Karkala (Zone 5)
& Rotary Club Manipal (Zone 4)

Speaker: Mrs. Soujanya Hegde, Anchor / Trainer / Entrepreneur

Venue: Rotary Bal Bhavan, Karkala

No. of participants: 70

Around 20 Rotarians visited RC Karkala for the Inter Zone Joint Meeting. On the way, we visited Rotary Physiotherapy Unit, Government Hospital, Karkala, which was sponsored by RC Manipal through Rotary Foundation Global Grant Project (GG # 2239988) on 11.04.2024. Total number of patients given physiotherapy service till date is about 2,500 and the unit is being maintained well. A gift of appreciation was given to the Physiotherapist, Ms. Shwetha.

The joint Meeting was called to order by President Rtn. Subhash Bangera (RCM) & Rtn. Iqbal Ahmed (RC Karkala). It was 47th weekly meeting for both the clubs.

The meeting started with the Birthday & Anniversary wishes of the week to the Club Members.

ZL (Zone 4), Rtn. Nagaraj Shetty spoke about RC Manipal. He said that as a Parent Club, RC Manipal is proud of the sponsored club RC Karkala. There was exchange of mementos by both the Clubs. Citation was presented to President RC Karkala by President Rtn. Subhash Bangera. IPP Rtn. John D'Silva gave a talk on RC Karkala. He spoke on installation of the Club by 27 Charter Members, installation of Rotary Bal Bavan, Global Grant Projects & setting up of Rotary Hospital. Karkala Club is 60 years, had 62 presidents and has bunch of 130 cheerful members currently. They have 2 Rotaract Club and very active Ann Club. This was followed by Cake Cutting on the occasion of Birthday Celebration of President Rtn. Iqbal.

Guest Speaker Mrs. Soujanya Hegde was introduced. Soujanya an entrepreneur is multi-talented person. She is an anchor who can speak in 4 languages & is a yakshagana & dance artist. She has received several awards including Mrs. India & Ms. Mangalore. She is involved in social work and associated with Lions & JCI. She spoke flawlessly on 5 life skills / life lessons. She said,



Club Service ... (Cont'd)

- Learn the art of saying “No”
- Basic Digital Survival skill
- Emotional intelligence (IQ)
- Flexibility / Adaptability
- Keep smiling – Add humour to life

She also spoke on:

- Choosing friends wisely
- Being grateful / thankful of what we have
- Taking care of mental & Physical health which is important

After the interesting session, the President Rtn. Subhash Bangera thanked RC Karkala for hosting the wonderful meeting. There was Flag Exchange between the two Clubs. Weekly Rotary Quiz was conducted and Rtn. Veda Suvarna was one of the prize winners. There was lucky draw. After the meeting sumptuous dinner was served. The meeting was methodical & well panned.



Community Service

24.05.2025: Autism Society of Udupi, A V Baliga Memorial Hospital, Dr Kamal A Baliga Charitable Trust Mumbai, RC Manipal, One Good Step Bengaluru jointly organised “Samveda”, 10th Parents Support Group Meeting in Dr A V Baliga Memorial Hospital, Dodnagudde. Rtn. Dr. Virupaksha Devaramane, President Autism Society of Udupi was one of the organisers of the event. The event included a magic show for the neuro diverse children. Rtn. Dr Girija, Rtn. Nagaraj Shetty, Rtn. Roshan Denzil Sumithra & Ann Primcy attended the program.



International Service Service

21.05.2025: President of RC Manipal Rtn. Subhash Bangera (Zone 4) & President of RC Karkala Rtn. Iqbal Ahmed (Zone 5) exchanged flag at the Inter Zone Joint Meeting conducted by the two clubs at Rotary Bal Bhavan, Karkala.



Celebrations

Birthdays:

❖ 21-May - Annette Prerana Shanbhag, D/o Rtn. Madhava Shanbhag

Anniversary:

❖ 22-May – Rtn. Jagadeesh Pai & Ann Snehalatha J Pai

❖ 24-May - Rtn. Nagaraj Shetty K & Ann Vijayalakshmi N Shetty

❖ 26-May - Rtn. Padmakar Nayak & Ann Pavitra

